

MACKENZIE RIVER

The nutritional information below is derived from information provided by our suppliers, analysis using industry standard software and published resources, including those from the U.S.D.A. All nutritional information given is based on standard recipes and serving sizes and does not account for customized orders. We have made every effort to ensure that the nutritional and allergen information provided below is accurate. However, because of the handcrafted nature of our menu items, the variety of procedures and product assembly used in our kitchens, shared cooking and preparation areas including common fryer oil, reliance on our suppliers, and regional and seasonal differences in ingredients, we are unable to make any guarantees to its accuracy, and disclaim liability for its use. The material below is provided for informational purposes only and is not meant as a substitute for advice provided by a healthcare professional.

The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption. A 2,000 calorie daily diet is used as the basis for general nutrition advice. However, individual caloric needs may vary.

[Legacy] - Bozeman, MT • Belgrade, MT • Billings (West), MT • Helena, MT • Great Falls, MT • Missoula, MT • Kalispell (South), MT • Whitefish, MT

[Grill & Pub] - Spokane, WA • Coeur d'Alene, ID • Pocatello, ID • Idaho Falls, ID • Butte, MT • Billings (Heights), MT • Kalispell (North), MT • Polson, MT • Bismarck, ND • West Fargo, ND

Rapid City, SD • Sioux Falls, SD • Indianapolis, IN • Pickerington, OH • Columbus, OH • Beavercreek, OH • Fairfield, OH • Crestview Hills, KY • Las Vegas, NV

No Reference of Above = All locations

STARTERS	Servings	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
LODGEPOLES	1	1030	440	49	20	0.0	75	2190	103	6	10	44
add PESTO	1	180	160	17	3	0.0	5	380	2	1	0	4
COWBOY NACHOS [Legacy]	1	2660	1670	186	73	0.0	310	1980	161	21	8	101
COWBOY NACHOS [Grill & Pub]	1	3000	1880	209	75	0.0	210	5730	193	24	8	104
add PORK	1	290	160	18	6	0.0	85	930	8	0	5	24
add CHICKEN	1	250	130	14	3	0.0	70	860	5	1	2	28
add GROUND BEEF	1	480	340	38	15	2.3	135	680	1	0	0	33
ROLLINO [Legacy]	1	880	400	44	20	0.0	100	2550	71	4	9	44
CHORIZO MEATBALL SKILLET [Grill & Pub]	1	1020	670	74	25	1.2	420	2920	41	10	12	46
BUFFALO WINGS [Grill & Pub]	1	1170	830	93	16	0.0	105	4630	51	5	6	36
BUFFALO WINGS [Legacy]	1	880	470	53	9	0.0	90	3560	66	2	28	30
BOURBON BBQ WINGS [Grill & Pub]	1	1100	650	72	11	0.0	100	3610	72	4	24	36
HONEY BBQ WINGS [Legacy]	1	1340	650	73	20	0.9	350	1110	80	2	37	88
THAI PEANUT WINGS [Grill & Pub]	1	1270	790	88	14	0.0	100	3420	69	5	24	43
THAI PEANUT WINGS [Legacy]	1	1040	620	69	12	0.0	90	3370	64	3	28	36
ARTICHOKE DIP [Grill & Pub]	1	1450	850	94	24	0.0	90	2000	129	11	3	34
ARTICHOKE DIP [Legacy]	1	1110	670	74	23	0.0	90	1700	89	8	3	31
JALAPEÑO POPPER DIP [Legacy]	1	1310	820	91	33	0.0	150	2000	93	7	3	36
FISH TACO SKEWERS	1	880	300	33	11	0.0	70	1760	111	10	24	41
HUMMUS PLATE	1	1420	420	47	10	0.0	25	1850	213	39	35	57
{GF} HUMMUS PLATE	1	1510	370	42	8	0.0	25	1750	258	48	42	49
CHICKEN QUESADILLA	1	950	500	56	31	0.0	170	1780	57	3	5	59
CHICKEN CLUB ROLLS	1	1330	800	88	22	0.0	220	3260	69	6	7	61
SLAMMERS [Grill & Pub]	1	1030	530	59	25	2.6	180	1400	71	4	12	54
BLACK & BLEU BITES [Grill & Pub]	1	1080	680	76	34	0.3	310	1560	9	1	4	85
ROASTED BRUSSELS SPROUTS [Legacy]	1	520	380	43	7	0.0	25	980	26	8	6	13

FLATBREADS	Servings	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
PEAR & BLEU FLATBREAD	1	1010	560	62	25	0.0	105	1840	78	7	37	40
{GF} PEAR & BLEU FLATBREAD	1	1250	470	52	23	0.0	105	2290	169	16	40	38
GREEK FLATBREAD	1	890	640	71	22	0.0	80	2010	44	9	5	34
{GF} GREEK FLATBREAD	1	1330	700	78	22	0.0	80	2490	145	19	16	35
APPLE & CHICKEN FLATBREAD [Legacy]	1	1080	580	64	24	0.0	165	2680	68	6	32	54
{GF} APPLE & CHICKEN FLATBREAD [Legacy]	1	1520	640	71	24	0.0	176	3160	168	16	43	55
APPLE & CHICKEN FLATBREAD [Grill & Pub]	1	1200	650	73	26	0.0	195	3060	66	6	31	64
{GF} APPLE & CHICKEN FLATBREAD [Grill & Pub]	1	1640	710	79	26	0.0	195	3540	167	16	41	65
CALIFORNIA CHICKEN FLATBREAD	1	1210	810	90	26	0.0	145	2160	42	8	5	58
{GF} CALIFORNIA CHICKEN FLATBREAD	1	1640	870	96	26	0.0	145	2640	142	17	15	59
RANGOON FLATBREAD	1	920	360	40	26	0.0	110	2450	62	4	20	34

SALADS	Servings	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
WEDGE (w/dressing)	1	770	610	67	18	0.0	90	1990	26	8	10	21
BEET SALAD (w/dressing)	1	590	450	50	11	0.0	40	430	26	3	14	13
{GF} BEET SALAD (w/dressing)	1	440	340	37	9	0.0	40	410	19	2	8	11
SMALL HOUSE (w/o dressing)	1	60	4	0.4	0	0.0	0	40	14	4	6	2
{GF} SMALL HOUSE (w/o dressing)	1	40	3	0	0	0.0	0	10	10	3	5	1
SMALL COBB (w/o dressing)	1	530	320	35	12	0.0	340	1520	9	4	4	44
LARGE COBB (w/o dressing)	1	950	580	64	22	0.0	435	2930	18	8	7	80

SMALL CAESAR (w/dressing)	1	220	160	18	4	0.0	15	500	12	2	2	6
LARGE CAESAR (w/dressing)	1	440	320	35	8	0.0	30	990	24	5	5	12
{GF} SMALL CAESAR (w/dressing)	1	190	150	17	4	0.0	15	450	7	2	2	5
{GF} LARGE CAESAR (w/dressing)	1	380	300	33	8	0.0	30	890	14	5	5	10
SMALL THAI (w/dressing) [Legacy]	1	670	470	52	8	0.0	50	880	31	6	19	25
LARGE THAI (w/dressing) [Legacy]	1	1340	960	106	16	0.0	95	1750	61	11	37	51
SMALL GREEK (w/dressing)	1	340	250	28	8	0.0	35	770	21	5	8	9
LARGE GREEK (w/dressing)	1	660	490	55	16	0.0	75	1460	39	9	14	17
{GF} SMALL GREEK (w/o dressing)	1	120	80	9	3	0.0	15	360	12	5	5	5
{GF} LARGE GREEK (w/o dressing)	1	220	140	16	5	0.0	25	650	21	9	9	10
SMALL SOUTHWEST CHOP (w/dressing)	1	550	290	32	9	0.0	85	1250	33	7	7	32
LARGE SOUTHWEST CHOP (w/dressing)	1	1060	540	60	17	0.0	165	2450	67	14	13	65
SMALL SPINACH (w/dressing)	1	410	280	32	5	0.0	5	1010	28	4	18	7
LARGE SPINACH (w/dressing)	1	810	570	63	11	0.0	10	2020	55	9	35	14
{GF} SMALL SPINACH (w/o dressing)	1	100	20	3	1	0.0	5	170	18	4	12	5
{GF} LARGE SPINACH (w/o dressing)	1	200	50	5	3	0.0	10	340	35	7	23	9
SMALL TAOS (w/dressing) [Legacy]	1	640	390	43	11	0.2	65	200	37	6	8	19
LARGE TAOS (w/dressing) [Legacy]	1	1060	630	67	19	0.3	115	3330	60	10	13	35
ADD BLACKENED STEAK (small)	1	250	110	12	4	0.0	105	110	0	0	0	33
ADD BLACKENED STEAK (large)	1	500	220	24	9	0.0	210	220	0	0	0	65
ADD CHICKEN (small)	1	130	60	6	1	0.0	50	430	1	0	0	19
ADD CHICKEN (large)	1	260	110	13	3	0.0	95	860	1	1	0	37

DRESSINGS												
	Servings	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
HOUSE DRESSING (3floz.)	1	190	180	20	3	0.0	0	980	3	0	1	0
CREAMY VINAIGRETTE (3floz.)	1	290	260	29	5	0.0	15	820	3	0	2	2
RASPBERRY VINAIGRETTE (3floz.)	1	80	0	0	0	0.0	0	280	22	0	20	0
ORANGE BALSAMIC VINAIGRETTE (3floz.)	1	300	250	28	4	0.0	0	20	12	0	2	1
GREEK FETA (3floz.)	1	260	210	23	6	0.0	30	290	11	0	3	4
THAI PEANUT (3floz.)	1	520	450	50	8	0.0	0	520	17	1	10	3
RANCH (3floz.)	1	380	340	38	6	0.0	30	670	3	0	3	3
SOUTHWEST RANCH (3floz.)	1	200	170	19	3	0.0	15	580	4	1	3	2
CAESAR (2floz.)	1	290	260	29	5	0.0	20	630	6	0	2	2
THOUSAND ISLAND (3floz.)	1	320	210	23	3	0.0	15	690	26	0	17	0
HONEY MUSTARD (3floz.)	1	440	370	41	6	0.0	30	470	21	0	18	0
BLEU CHEESE (3floz.)	1	290	260	29	6	0.0	45	970	9	0	3	1

SOUPS (w/out crackers or breadstick)												
	Servings	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
SMALL CHEESEBURGER SOUP	1	470	320	36	20	0.7	125	1820	13	1	8	24
LARGE CHEESEBURGER SOUP	1	950	650	72	40	1.5	245	3640	26	2	16	48
SMALL LOADED BAKED POTATO	1	230	120	13	7	0.0	20	760	22	1	3	7
LARGE LOADED BAKED POTATO	1	610	310	35	19	0.0	45	1990	58	3	7	18
SMALL CREAMY CHICKEN CHORIZO	1	290	180	20	9	0.1	45	1490	16	2	4	12
LARGE CREAMY CHICKEN CHORIZO	1	570	350	39	18	0.1	90	2970	30	4	8	24
SMALL CHICKEN TORTILLA	1	210	110	12	6	0.0	35	1430	12	0	28	11
LARGE CHICKEN TORTILLA	1	290	130	14	8	0.0	55	2170	19	0	42	18
SMALL CHICKEN CHILI	1	220	60	6	2	0.4	35	1300	22	6	5	19
LARGE CHICKEN CHILI	1	360	100	11	4	0.6	60	2040	35	9	7	30
SMALL CHICKEN NOODLE	1	80	40	4	1	0.0	20	1830	4	1	1	9
LARGE CHICKEN NOODLE	1	130	50	6	1	0.0	30	2750	6	2	2	13
SMALL BROCCOLI CHEDDAR	1	440	310	35	22	0.0	110	710	6	2	2	28
LARGE BROCCOLI CHEDDAR	1	660	470	52	33	0.0	165	1060	9	3	2	41
SMALL TOMATO BASIL	1	110	40	4	3	0.0	0	750	15	1	9	2
LARGE TOMATO BASIL	1	170	50	6	5	0.0	0	1120	22	2	13	2
SMALL TACO SOUP	1	170	80	9	3	0.5	30	1710	13	4	3	10
LARGE TACO SOUP	1	260	130	14	5	0.7	45	2570	19	5	4	15
SMALL CLAM CHOWDER	1	280	130	15	9	0.0	35	920	25	1	3	12
LARGE CLAM CHOWDER	1	420	200	22	14	0.0	50	1380	37	1	5	19
SMALL CHICKEN CHILI VERDE	1	480	120	13	7	0.0	40	2380	61	21	12	23
LARGE CHICKEN CHILI VERDE	1	980	290	33	12	0.0	65	3720	119	31	18	37
SMALL BUFFALO CHOWDER	1	250	130	14	9	0.0	30	1540	21	1	3	11
LARGE BUFFALO CHOWDER	1	380	190	21	14	0.0	50	2310	31	1	5	17
SMALL CHICKEN CORN CHOWDER	1	370	150	16	9	0.0	35	1610	42	6	7	18
LARGE CHICKEN CORN CHOWDER	1	470	190	21	12	0.0	45	2230	53	5	7	22
SMALL MED VEGGIE SOUP	1	70	20	2	0	0.0	0	830	8	2	8	1
LARGE MED VEGGIE SOUP	1	100	30	3	0	0.0	0	1250	11	2	11	2

SMALL BEER CHEESE SOUP	1	580	360	40	27	0.0	90	1590	32	0	5	21
LARGE BEER CHEESE SOUP	1	870	550	61	40	0.0	130	2390	49	1	8	32
FRENCH ONION SOUP	1	490	240	27	16	0.0	65	1430	38	2	6	20
SALTINE CRACKERS (2 packages)	1	50	10	1	0	0.0	0	180	10	0	0	0
BREADSTICK	1	220	120	13	3	0.0	0	650	23	1	1	4
PASTA (w/out breadstick)												
CAJUN CHICKEN ALFREDO [Grill & Pub]	1	1660	890	99	36	0.5	235	2460	101	6	12	78
CAJUN CHICKEN PENNE [Legacy]	1	1350	660	73	31	0.5	215	3540	99	7	11	72
MACKENZIE ALFREDO	1	1220	550	61	25	0.5	210	2310	98	6	10	72
TUSCAN PENNE	1	1600	970	107	17	0.0	125	3130	100	5	5	62
PESTO SHRIMP LINGUINE [Grill & Pub]	1	1320	780	86	15	0.0	280	2450	86	7	5	53
PESTO CHICKEN LINGUINE [Legacy]	1	1430	800	88	29	0.5	230	2340	90	6	8	70
CHEESE RAVIOLI [Legacy]	1	840	420	46	26	0.7	195	1840	55	3	16	34
BUFFALO CHICKEN MACK N CHEESE [Grill & Pub]	1	1100	430	48	23	0.0	200	2940	98	4	8	73
BUFFALO CHICKEN MACK N CHEESE [Legacy]	1	1650	840	93	50	0.0	305	5600	118	4	14	88
{GF} BUFFALO CHICKEN MACK N CHEESE [Grill & Pub]	1	1070	420	48	23	0.0	200	2890	93	4	8	72
BAKED ZITI	1	1480	710	79	39	0.7	205	2440	119	6	15	69
BAKED CHICKEN ALFREDO [Legacy]	1	1580	760	85	41	0.5	250	2460	121	6	9	86
BREADSTICK	1	220	120	13	3	0.0	0	650	23	1	1	4
BOWLS												
CORY'S THAI PEANUT [Legacy]	1	960	410	46	9	0.0	95	2970	86	5	41	49
FIESTA [Legacy]	1	790	790	38	14	0.0	100	1640	80	16	10	40
GENERAL TSO [Legacy]	1	720	180	19	6	0.0	110	3220	89	5	5	48
CAJUN [Legacy]	1	1030	730	82	19	0.0	210	2220	41	5	6	41
PIZZA												
BBQ CHICKEN (small original)	6	250	80	8	4	0.0	25	600	32	1	2	14
BBQ CHICKEN (small thin)	6	170	70	8	4	0.0	30	490	14	1	2	12
BBQ CHICKEN (small gf)	8	160	60	6	3	0.0	20	370	18	2	3	8
BBQ CHICKEN (large original)	8	380	120	13	6	0.0	40	910	48	1	3	21
BBQ CHICKEN (large thin)	8	290	110	12	6	0.0	40	770	27	1	3	19
BBQ PORK (small original)	6	260	90	10	5	0.0	25	630	33	0	2	13
BBQ PORK (small thin)	6	180	80	4	5	0.0	25	500	14	1	2	11
BBQ PORK (small gf)	8	160	60	7	3	0.0	20	380	18	2	3	7
BBQ PORK (large original)	8	390	130	15	7	0.0	40	930	49	1	3	19
BBQ PORK (large thin)	8	300	120	13	7	0.0	40	790	27	1	3	17
BUFFALO WING (small original)	6	280	110	12	4	0.0	25	890	31	0	1	14
BUFFALO WING (small thin)	6	190	100	11	5	0.0	25	760	13	1	0	12
BUFFALO WING (small gf)	8	180	80	9	4	0.0	20	590	17	2	2	8
BUFFALO WING (large original)	8	410	170	19	7	0.0	40	1330	46	1	1	21
BUFFALO WING (large thin)	8	320	150	17	7	0.0	40	1200	25	1	4	19
CLASSIC CHEESE (small original)	6	240	80	8	4	0.0	20	560	31	0	2	11
CLASSIC CHEESE (small thin)	6	150	70	7	4	0.0	20	430	12	1	2	9
CLASSIC CHEESE (small gf)	8	150	50	6	3	0.0	15	330	17	2	3	6
CLASSIC CHEESE (large original)	8	350	110	13	7	0.0	30	790	46	1	3	17
CLASSIC CHEESE (large thin)	8	260	100	11	6	0.0	30	650	25	1	2	15
FLATHEAD (small original)	6	300	120	14	6	0.1	40	670	32	1	1	16
FLATHEAD (small thin)	6	220	110	13	6	0.1	40	530	14	1	1	14
FLATHEAD (small gf)	8	200	90	10	5	0.0	30	410	18	2	2	10
FLATHEAD (large original)	8	430	170	19	4	0.1	50	960	48	1	2	23
FLATHEAD (large thin)	8	340	150	17	8	0.1	50	820	27	2	1	21
FRESH TOMATO BASIL (small original)	6	240	80	9	3	0.0	15	490	32	1	3	9
FRESH TOMATO BASIL (small thin)	6	160	70	8	3	0.0	15	360	14	1	3	7
FRESH TOMATO BASIL (small gf)	8	140	60	3	2	0.0	10	280	18	2	4	5
FRESH TOMATO BASIL (large original)	8	350	120	13	5	0.0	20	690	48	1	4	14
FRESH TOMATO BASIL (large thin)	8	260	1040	12	5	0.0	20	550	27	2	3	12
GOOD OL' BOY (small original)	6	260	100	11	5	0.0	25	700	31	1	2	12
GOOD OL' BOY (small thin)	6	180	90	10	5	0.0	25	570	12	1	2	9
GOOD OL' BOY (small gf)	8	170	70	8	4	0.0	20	430	17	2	3	6
GOOD OL' BOY (large original)	8	400	160	17	8	0.0	45	1040	46	1	3	18
GOOD OL' BOY (large thin)	8	310	140	16	8	0.0	45	910	25	2	2	16
HOT HAWAIIAN (small original)	6	260	80	4	4	0.0	30	770	33	1	3	15

HOT HAWAIIAN (small thin)	6	180	70	8	4	0.0	30	630	15	1	3	12
HOT HAWAIIAN (small gf)	8	180	60	7	3	0.0	20	630	21	2	5	9
HOT HAWAIIAN (large original)	8	390	130	14	6	0.0	40	1130	49	1	4	22
HOT HAWAIIAN (large thin)	8	300	110	13	6	0.0	40	990	28	2	4	20
HUMBLE PIE (small original)	6	290	140	15	5	0.0	20	420	31	0	0	10
HUMBLE PIE (small thin)	6	210	120	14	5	0.0	20	280	13	1	0	8
HUMBLE PIE (small gf)	8	190	100	11	4	0.0	15	220	17	2	2	5
HUMBLE PIE (large original)	8	420	180	20	8	0.0	30	640	47	1	1	15
HUMBLE PIE (large thin)	8	330	170	19	8	0.0	30	500	25	1	0	13
ITALIAN GRINDER (small original)	6	320	140	16	5	0.0	35	980	32	1	1	15
ITALIAN GRINDER (small thin)	6	240	130	14	5	0.0	35	850	14	1	1	13
ITALIAN GRINDER (small gf)	8	210	100	11	4	0.0	25	640	18	2	2	9
ITALIAN GRINDER (large original)	8	470	200	22	8	0.0	50	1390	49	1	2	22
ITALIAN GRINDER (large thin)	8	390	200	22	8	0.0	55	1330	28	2	2	21
JALAPEÑO POPPER (small original)	6	330	140	15	8	0.0	40	740	34	1	1	15
JALAPEÑO POPPER (small thin)	6	250	130	14	7	0.0	40	610	16	1	1	13
JALAPEÑO POPPER (small gf)	8	220	100	11	6	0.0	30	460	19	2	2	9
JALAPEÑO POPPER (large original)	8	490	210	23	11	0.0	55	1110	51	1	2	23
JALAPEÑO POPPER (large thin)	8	400	190	21	11	0.0	55	970	30	2	1	21
MACKENZIE RIVER (small original)	6	270	110	13	4	0.0	15	440	32	1	1	10
MACKENZIE RIVER (small thin)	6	180	100	11	4	0.0	15	310	13	1	1	8
MACKENZIE RIVER (small gf)	8	170	80	9	3	0.0	10	240	18	2	2	5
MACKENZIE RIVER (large original)	8	400	170	19	7	0.0	25	660	48	1	1	15
MACKENZIE RIVER (large thin)	8	300	150	17	6	0.0	20	500	27	2	1	12
POLYNESIAN (small original)	6	240	80	8	3	0.0	20	600	33	1	3	12
POLYNESIAN (small thin)	6	160	70	7	3	0.0	20	470	15	1	3	9
POLYNESIAN (small gf)	8	150	50	6	2	0.0	15	360	19	2	4	6
POLYNESIAN (large original)	8	360	110	13	5	0.0	30	890	50	2	4	17
POLYNESIAN (large thin)	8	270	100	11	5	0.0	30	760	29	2	4	15
RANCHER (small original)	6	280	100	11	5	0.1	25	670	32	1	3	13
RANCHER (small thin)	6	190	90	10	5	0.1	25	540	13	1	3	11
RANCHER (small gf)	8	180	70	8	4	0.1	20	410	18	2	4	8
RANCHER (large original)	8	410	150	17	7	0.2	40	950	48	1	4	20
RANCHER (large thin)	8	320	140	15	7	0.2	40	810	27	2	3	18
REUBEN (small original)	6	280	110	12	4	0.0	35	680	34	1	3	11
REUBEN (small thin)	6	200	100	11	4	0.0	35	550	16	1	3	9
REUBEN (small gf)	8	180	80	9	3	0.0	25	420	19	2	4	6
REUBEN (large original)	8	430	170	19	7	0.0	55	1050	51	1	4	17
REUBEN (large thin)	8	340	160	18	7	0.0	55	9040	30	2	4	15
SEDONA (small original)	6	270	90	10	5	0.0	30	540	34	1	2	13
SEDONA (small thin)	6	190	80	9	5	0.0	30	410	15	2	2	11
SEDONA (small gf)	8	170	70	7	4	0.0	20	310	19	2	3	8
SEDONA (large original)	8	410	140	16	7	0.0	45	810	51	2	3	20
SEDONA (large thin)	8	320	130	14	7	0.0	45	670	30	2	2	18
SEQUOIA (small original)	6	260	100	10	4	0.0	15	510	32	1	1	10
SEQUOIA (small thin)	6	180	90	10	4	0.0	15	380	14	1	0	8
SEQUOIA (small gf)	8	160	70	8	3	0.0	10	290	18	2	2	6
SEQUOIA (large original)	8	390	160	17	6	0.0	20	770	48	2	1	16
SEQUOIA (large thin)	8	300	140	16	5	0.0	20	630	27	2	0	14
SMOKIN' Q (small original) [Grill & Pub]	6	310	120	13	5	0.0	35	900	34	1	3	16
SMOKIN' Q (small thin) [Grill & Pub]	6	230	110	12	5	0.0	35	770	16	1	3	14
SMOKIN' Q (small gf) [Grill & Pub]	8	200	90	9	4	0.0	30	580	19	2	4	10
SMOKIN' Q (large original) [Grill & Pub]	8	450	170	19	8	0.0	55	1310	51	1	4	24
SMOKIN' Q (large thin) [Grill & Pub]	8	360	160	17	7	0.0	55	1170	30	1	4	22
STOCKMAN (small original)	6	320	140	15	7	0.0	40	790	31	1	3	16
STOCKMAN (small thin)	6	240	130	14	6	0.0	40	660	12	1	2	14
STOCKMAN (small gf)	8	210	100	11	5	0.0	30	500	17	2	3	10
STOCKMAN (large original)	8	470	200	23	10	0.0	60	1130	46	1	3	24
STOCKMAN (large thin)	8	380	190	21	10	0.0	60	990	25	2	2	22
STEAK CHIMICHURRI - LIMITED TIME (small original)	6	310	150	17	5	0.0	20	440	32	1	1	11
STEAK CHIMICHURRI - LIMITED TIME (small thin)	6	230	140	15	5	0.0	20	310	14	1	1	9
STEAK CHIMICHURRI - LIMITED TIME (small gf)	8	200	110	12	4	0.0	15	240	18	2	2	6
STEAK CHIMICHURRI - LIMITED TIME (large original)	8	460	220	25	7	0.0	30	660	48	1	1	17
STEAK CHIMICHURRI - LIMITED TIME (large thin)	8	370	210	23	7	0.0	30	520	27	2	1	15
THAI PIE (small original)	6	290	100	11	4	0.0	25	640	36	1	4	15
THAI PIE (small thin)	6	210	90	10	4	0.0	25	510	17	1	4	13
THAI PIE (small gf)	8	190	70	8	3	0.0	15	390	21	2	4	9
THAI PIE (large original)	8	420	150	17	6	0.0	35	910	53	2	5	22
THAI PIE (large thin)	8	330	140	15	6	0.0	35	770	32	2	5	20

SANDWICHES & WRAPS													
Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)		
BIG BOMBER WRAP (w/ tortilla chips) [Legacy]	1	1260	660	73	19	0.0	125	4420	102	8	8	51	
CHICKEN CAESAR WRAP (w/ tortilla chips) [Legacy]	1	1320	700	78	16	0.0	130	2920	103	7	5	58	
GREEN HORN VEGGIE WRAP (w/ tortilla chips) [Legacy]	1	1060	540	60	15	0.0	40	1820	107	10	9	30	
GREEN HORN VEGGIE WRAP (w/ tortilla chips) [Grill & Pub]	1	1100	570	64	15	0.0	40	1080	113	9	7	28	
ITALIAN CHICKEN PANINI (w/ fries) [Grill & Pub]	1	1550	850	95	21	0.0	140	3690	112	12	8	65	
ITALIAN CHICKEN PANINI (w/ baked fries) [Legacy]	1	1480	790	87	20	0.0	140	3690	112	12	8	65	
PORK TENDERLOIN SAMMY (w/ fries)	1	1660	540	60	17	0.0	130	4620	205	14	10	74	
PULLED PORK SAMMY (w/ fries) [Grill & Pub]	1	1280	480	53	13	0.0	110	4520	145	7	26	48	
PULLED PORK SAMMY (w/ baked fries) [Legacy]	1	1200	410	46	11	0.0	110	4770	149	7	29	28	
RUSTLER'S REUBEN (w/ fries) [Grill & Pub]	1	1380	690	76	24	0.0	165	3920	123	13	24	49	
RUSTLER'S REUBEN (w/ baked fries) [Legacy]	1	1520	631	70	21	0.0	165	5330	168	17	24	53	
SANTA FE CHICKEN SAMMY (w/ tortilla chips)	1	1170	610	67	14	0.0	135	2500	82	7	7	62	
SONORAN WRAP (w/ tortilla chips) [Legacy]	1	1320	640	72	18	0.0	110	2340	124	12	11	48	
SPICY CHICKEN SAMMY (w/ fries) [Grill & Pub]	1	1540	680	76	20	0.0	185	5020	135	7	19	80	
WILLOW CREEK SAMMY (w/ tortilla chips) [Legacy]	1	1190	640	71	18	0.0	125	3010	89	8	8	55	
WILLOW CREEK SAMMY (w/ tortilla chips) [Grill & Pub]	1	1280	690	76	18	0.0	125	3070	99	8	98	55	
WRANGLER SAMMY (w/ tortilla chips)	1	1270	700	77	22	0.0	145	2100	87	7	8	55	
BURGERS (w/out fries) [Grill & Pub]													
Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)		
BLACK BEAN BURGER	1	800	400	44	10	0.0		70	5	15	33		
BLEU ONION BBQ BURGER	1	1160	600	67	9	3.1	195	2190	66	1	16	59	
GRIZZLY BURGER (w/out cheese)	1	880	480	53	1	3.0	160	880	47	1	7	49	
add American	1	70	50	6	4	0.0	15	325	0	0	0	0	
add Cheddar	1	110	90	9	5	0.0	30	180	0	0	0	7	
add Provolone	1	80	50	6	4	0.0	15	200	0	0	0	6	
add Gouda	1	80	60	7	4	0.0	20	115	0	0	0	5	
add Pepper Jack	1	90	60	7	4	0.0	20	120	0	0	0	6	
add Goat Cheese	1	70	60	6	4	0.0	25	100	0	0	1	5	
add Feta	1	80	60	7	5	0.0	25	250	0	0	0	5	
add Bleu Cheese	1	100	70	8	5	0.0	20	400	1	0	0	6	
add Asiago	1	110	80	9	6	0.0	15	340	0	0	0	6	
POUTINE	1	1410	820	91	16	3.0	265	3360	63	1	9	81	
KODIAK BURGER (w/out cheese)	1	1450	890	98	1	6.1	325	1030	47	1	7	88	
add American	1	140	100	11.4	7.6	0	30	650	0	0	0	0	
add Cheddar	1	220	180	18.8	10.2	0	60	360	0	0	0	14	
add Provolone	1	160	100	12	7.8	0	30	400	0	0	0	12	
add Gouda	1	160	120	13	8.2	0	40	230	0	0	0	10	
add Pepper Jack	1	180	120	13.8	8.6	0	40	240	0	0	0	12	
add Goat Cheese	1	140	110	12	7	0.0	50	200	0	0	2	10	
add Feta	1	160	130	14	10	0.0	50	510	0	0	0	10	
add Bleu Cheese	1	200	150	16	11	0.0	40	790	2	0	0	12	
add Asiago	1	230	150	17	11	0.0	35	680	0	0	0	12	
OL' PROSPECTOR	1	1140	630	70	28	2.0	245	1870	65	1	9	61	
RISE & SHINE	1	1430	820	91	15	3.0	470	3270	63	2	17	86	
SMOKEHOUSE	1	1450	860	96	17	3.0	300	3130	50	1	7	93	
CALIFORNIAN	1	1400	820	91	15	3.0	255	2630	60	4	13	81	
PUB CLASSICS [Grill & Pub]													
Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)		
BAJA FISH TACOS (crispy)	1	1270	500	56	10	0.0	100	1280	154	9	18	47	
BAJA FISH TACOS (grilled)	1	1110	420	46	9	0.0	60	1230	137	7	15	43	
FISH & CHIPS	1	1630	780	86	14	0.0	185	3040	159	11	29	56	
MACKENZIE MEATLOAF	1	2320	1520	169	57	2.2	390	5850	122	8	56	86	
STREET TACO TRIO	1	820	370	39	11	0.0	215	2880	65	8	12	58	
SIDES & MISC													
Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)		
COLESLAW	1	90	60	6	1	0.0	5	150	10	1	5	1	
GUACAMOLE (3 OZ)	1	160	140	15	2	0.0	0	860	6	5	1	3	
FRIES [Grill & Pub]	1	440	150	17	3	0.0	0	1630	67	6	1	6	
CRISPY BAKED FRIES [Legacy]	1	380	90	10	2	0.0	0	1630	67	6	1	6	
SALSA (3 OZ)	1	30	0	0	0	0.0	0	490	5	2	3	1	

BLUE TORTILLA CHIPS [Grill & Pub]	1	430	220	25	2	0.0	0	370	50	4	0	4
BLUE TORTILLA CHIPS [Legacy]	1	340	180	20	1	0.0	0	300	40	3	0	3
DESSERTS												
	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
CARROT CAKE	1	490	250	28	8	0.0	50	300	58	1	47	4
FLOURLESS CHOCOLATE CAKE	1	350	260	39	17	0.0	90	70	24	2	20	1
KENTUCKY TOAST [Grill & Pub]	1	800	250	28	11	0.0	100	690	122	2	50	8
MACK LOVIN	1	1950	840	93	26	1.5	290	1060	263	10	173	26
MUD PIE	1	590	280	31	18	0.8	55	230	69	3	49	9
SKY HIGH CHEESECAKE	1	950	530	59	34	0.0	275	1030	24	2	78	14
WARM APPLE COBBLER	1	650	280	31	16	0.0	105	400	88	2	60	8
KID'S MENU (w/out side)												
	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
KIDS MINI CHEESEBURGER (w/fries) [Grill & Pub]	1	870	430	48	19	1.7	125	1830	72	5	7	39
KIDS CHICKEN QUESADILLA [Legacy]	1	910	470	52	20	0.0	120	1530	69	4	2	47
KIDS CHICKEN QUESADILLA [Grill & Pub]	1	980	500	56	20	0.0	120	1530	77	4	2	48
KIDS CHICKEN TENDERS (w/fries, w/o dipping sauce) [Grill & Pub]	1	620	330	36	3	0.0	75	1690	46	3	2	24
KIDS CHICKEN TENDERS (w/fries, w/o dipping sauce) [Legacy]	1	450	210	23	0.6	0.0	75	1150	33	2	2	22
KIDS MINI CORN DOGS (w/fries) [Grill & Pub]	1	630	210	23	6	0.0	60	2220	91	3	14	17
KIDS MINI CORN DOGS (w/fries) [Legacy]	1	520	160	17	5	0.0	60	1670	77	2	14	16
KIDS MACK N' CHEESE	1	690	300	33	14	0.6	60	1560	77	4	6	22
KIDS MACK N' CHEESE PIZZA	1	970	360	40	22	0.5	105	2400	106	5	5	49
KIDS PASTA - ALFREDO (w/o breadstick)	1	630	260	29	14	0.3	90	560	70	3	5	21
KIDS PASTA - BUTTER (w/o breadstick)	1	430	120	14	8	0.0	65	90	63	3	1	13
KIDS PASTA - MEAT SAUCE (w/o breadstick)	1	440	70	8	3	0.4	55	530	66	4	9	20
KIDS PIZZA - CHEESE	1	920	390	44	26	0.0	115	2560	72	4	12	54
KIDS PIZZA - PEPPERONI	1	840	350	39	20	0.0	100	2510	71	4	12	45
KIDS TURKEY WRAP (w/ tortilla chips) [Grill & Pub]	1	810	400	45	9	0.0	45	1230	82	4	3	25
KIDS TURKEY WRAP (w/ tortilla chips) [Legacy]	1	740	340	38	10	1.7	45	1170	79	5	3	26
KIDS BREADSTICK	1	220	120	13	3	0.0	0	650	23	1	1	4
KIDS SAUCE - BBQ	1	70	0	0	0	0.0	0	940	16	0	10	0
KIDS SAUCE - HUMMUS	1	320	80	8	1	0.0	0	940	49	14	9	15
KIDS SAUCE - RANCH	1	250	230	25	4	0.0	20	440	2	0	2	2
KIDS SIDE - FRUIT CUP	1	60	0	0	0	0.0	0	10	15	1	14	0
KIDS SIDE - SALAD (w/out dressing)	1	30	0	0	0	0.0	0	10	7	3	3	1
KIDS SIDE - VEGGIES	1	20	0	0.2	0	0.0	0	940	5	2	3	1
FOODIE FARE												
	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
BRAVARIAN PRETZELS & BEER QUESO [Grill & Pub]	1	1470	450	50	22	0.0	70	4910	215	5	4	34
BRAVARIAN PRETZELS & BEER QUESO [Legacy]	1	1330	450	34	20	0.0	60	4930	215	5	4	33
CHEESE CURDS	1	1090	719	80	24	0.0	35	2460	58	6	10	27
CLASSIC POUTINE	1	820	410	46	20	0.0	95	2930	75	6	3	28
CUBAN PIADINA [Legacy]	1	1070	540	60	18	0.0	120	4150	85	7	3	50
FRIED PICKLES	1	720	511	57	9	0.0	35	2230	39	3	8	8
FRITO PIE	1	830	380	46	115	0.8	75	2020	74	12	7	34
JACKED-UP TACO - CHICKEN [Grill & Pub]	1	610	290	32	13	0.0	95	1200	43	4	5	37
JACKED-UP TACO - PORK [Grill & Pub]	1	670	340	38	17	0.0	115	2270	45	4	5	38
N'AWLINS SHRIMP & GRITS [Grill & Pub]	1	670	440	50	18	0.0	185	1100	31	1	3	27
PULLED PORK SLIDERS	1	1030	420	47	16	0.0	155	3200	106	37	37	51
SEAFOOD CAMPECHANA	1	860	400	45	4	0.0	115	1630	101	13	16	23
SONORAN DOG	1	1020	580	65	21	0.2	105	3090	72	6	15	37
STREET CORN NACHOS [Grill & Pub]	1	1500	860	96	28	0.0	120	1760	131	11	9	39
STREET CORN NACHOS [Legacy]	1	1340	860	87	28	0.0	120	1630	113	10	9	38
STREET TACO DUO [Legacy]	1	900	390	43	18	1.1	105	2510	89	6	10	44
PARTY PLATTERS												
	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
HUMMUS PLATTER	16	300	100	11	1	0.0	0	410	45	9	7	12
HOUSE SALAD (no dressing)	12	70	0	0	0	0.0	0	80	17	4	4	2
GREEK SALAD (no dressing)	12	90	60	7	3	0.0	15	290	8	4	3	4
CAESAR SALAD [Grill & Pub]	12	220	160	18	4	0.0	15	500	12	2	2	6
THAI SALAD [Legacy]	12	690	530	59	9	0.0	30	820	29	5	18	19
SPINACH SALAD (no dressing)	16	120	70	7	2	0.0	5	140	12	2	8	4
COBB SALAD (no dressing)	12	320	200	22	7	0.0	180	880	7	4	2	26

WILLOW CREEK SAMMY [Legacy]	16	300	160	18	5	0.0	30	750	22	2	2	14
WILLOW CREEK SAMMY [Grill & Pub]	16	320	170	19	5	0.0	30	770	25	2	2	14
SANTA FE CHICKEN [Legacy]	16	240	130	15	2	0.0	30	400	16	2	2	13
GREEN HORN VEGGIE WRAP [Legacy]	8	530	270	30	7	0.0	20	910	53	5	4	15
GREEN HORN VEGGIE WRAP [Grill & Pub]	8	550	290	32	8	0.0	20	540	56	5	3	14
BIG BOMBER WRAP [Legacy]	8	630	330	36	10	0.0	60	2210	51	4	4	26
CHICKEN CAESAR WRAP [Legacy]	8	660	350	39	8	0.0	65	1460	51	3	3	29
BAKED ZITI	8	780	350	39	17	0.3	85	1330	74	4	7	33
BAKED CHICKEN ALFREDO [Legacy]	8	860	400	32	24	0.0	115	2150	83	3	7	36
BUFFALO MACK N' CHEESE [Legacy]	8	960	400	44	23	0.0	115	2230	103	3	7	40
MACKENZIE ALFREDO [Grill & Pub]	8	800	360	40	15	0.3	105	1620	72	4	6	40
TUSCAN PENNE [Grill & Pub]	8	990	570	63	11	0.0	60	2030	73	4	3	35
CHEESECAKE	12	950	530	59	34	0.0	275	1030	24	2	78	14
CARROT CAKE	14	490	250	28	8	0.0	50	300	58	1	47	4
FLOURLESS CHOCOLATE CAKE	14	350	260	29	17	0.0	90	70	24	2	20	1

	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
BOOZELESS BEVVIES												
HONEYSUCKLE	1	170	2	0.2	0	0.0	0	0	44	0	39	0
WHITE PEACH PALMER	1	140	0	0	0	0.0	0	10	39	0	37	0
HUCKLEBERRY TWIST	1	140	2	0.2	0	0.0	0	10	37	0	33	0
PALOMA FIZZ	1	80	1	0	0	0.0	0	0	26	0	22	0
VIRGIN BLOODY	1	90	39	4	0.6	0.0	0	1120	16	3	10	3

	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
REFRESHER												
ARNOLD PALMER	1	70	0	0	0	0.0	0	10	12	0	24	0
CHERRY COKE	1	130	0	0	0	0.0	0	30	35	0	35	0
COCA-COLA	1	120	0	0	0	0.0	0	40	33	0	33	0
COFFEE	1	0	0	0	0	0.0	0	10	0	0	0	0.3
DIET COKE	1	0	0	0	0	0.0	0	40	0	0	0	0
DR. PEPPER / MR. PIBB	1	130	0	0	0	0.0	0	50	33	0	32	0
GOURMET CREAM SODA	1	190	0	0	0	0.0	0	50	49	0	49	0
GOURMET ROOT BEER	1	150	0	0	0	0.0	0	50	39	0	39	0
HOT COCOA	1	180	0	6	3.5	0.2	20	110	27	2.5	24	9
HOT TEA	1	0	0	0	0	0.0	0	10	0.4	0	0	0.1
HOT CIDER	1	120	0	0	0	0.0	0	20	32	0	24	0
ICED TEA	1	0	0	0	0	0.0	0	10	0	0	0	0
JUICE - APPLE	1	160	0	0	0	0.0	0	30	39	0	37	0
JUICE - ORANGE	1	170	0	0	0	0.0	0	30	49	0	36	0
JUICE - CRANBERRY	1	150	0	0	0	0.0	0	10	39	0	38	0
LEMONADE	1	140	0	0	0	0.0	0	20	44	0	42	0
MILK - 2%	1	170	60	7	4	0.0	25	180	18	0	16	0
SHIRLEY TEMPLE	1	240	0	0	0	0.0	0	0	62	0	62	0
SPRITE	1	120	0	0	0	0.0	0	60	32	0	32	0

	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
MARTINIS												
ABSOLUT MESS	1	210	0	0	0	0.0	0	0	3	0	2	0
HUCKLEBERRY LEMON DROP	1	280	1	0.2	0	0.0	0	6	28	2	17	1
MELON SQUEEZY	1	110	0	0.1	0	0.0	0	6	18	0	15	0
POMEGRANATE CITRUS	1	200	1	0.1	0	0.0	0	60	22	0	21	0

	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
MULES / SANGRIAS / RITAS												
HUCK RITA	1	260	1	0.1	0	0.0	0	61	39	0	35	0
JALAPEÑO MARGARITA	1	300	3	0.3	0	0.0	0	89	23	0	20	1
MACK RITA	1	340	2	0.2	0	0.0	0	60	22	1	13	1
MULE - FIREBALL	1	180	1	0	0	0.0	0	0	26	0	25	0
MULE - MOSCOW	1	220	2	0.2	0	0.0	0	0	32	2	25	1
MULE - IRISH	1	200	0	0	0	0.0	0	1	26	0	24	0
SANGRIA - HUCKLEBERRY	1	300	3	0.3	0	0.0	0	16	47	4	29	2
SANGRIA - PEAR	1	230	1	0.1	0	0.0	0	1	27	4	20	0

COCKTAILS	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
BEE STING	1	170	2	0.1	0	0.0	0	6	19	0	17	0
GLACIER SUNSET	1	210	1	0.1	0	0.0	0	5	25	0	19	0
HUCK SMASH	1	0	0	0.1	0	0.0	0	0	24	0	21	0
HUCKLEBERRY MOJITO	1	160	2	0.2	0	0.0	0	10	19	2	10	1
MANGO MAI TAI	1	310	3	0.3	0	0.0	0	11	33	0	24	1
PRAIRIE HUCK FIZZ	1	180	1	0.1	0	0.0	0	3	34	1	31	0
SIN CITY LEMONADE	1	220	0	0	0	0.0	0	0	4	0	4	0
SMOKED OLD FASHIONED	1	170	0	0	0	0.0	0	0	10	0	9	0
WATERMELON BLISS	1	110	2	0.2	0	0.0	0	2	8	1	4	1

BEER (BOTTLES)	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
BUD LIGHT	1	110	0	0	0	0.0	0	10	7	0	0	1
BUDWEISER	1	150	0	0	0	0.0	0	10	11	0	0	1
COORS LIGHT	1	100	0	0	0	0.0	0	10	6	0	0	1
COORS ORIGINAL	1	150	0	0	0	0.0	0	10	13	0	0	2
CORONA	1	150	0	0	0	0.0	0	0	13	0	0	1
GUINNESS CAN (14.9 fl oz)	1	160	0	0	0	0.0	0	0	0	0	0	0
HEINEKEN	1	150	0	0	0	0.0	0	0	12	0	0	2
KOKANEK	1	150	0	0	0	0.0	0	0	13	0	0	2
MICHELOB ULTRA	1	100	0	0	0	0.0	0	10	3	0	0	1
MIKE'S HARD LEMONADE	1	220	0	0	0	0.0	0	0	33	0	32	0
MILLER LITE	1	100	0	0	0	0.0	0	0	3	0	0	0
MOOSE DROOL	1	170	0	0	0	0.0	0	0	16	0	0	0
NON-ALCOHOLIC - CLAUSTHALER	1	90	0	0	0	0.0	0	0	18	0	0	1
NON-ALCOHOLIC - BECKS	1	140	0	0	0	0.0	0	0	10	0	0	1
NON-ALCOHOLIC - O'DOUL'S	1	70	0	0	0	0.0	0	0	13	0	0	1
NON-ALCOHOLIC - KALIBER	1	70	0	0	0	0.0	0	20	10	0	4	1
OMISSION PALE ALE	1	180	0	0	0	0.0	0	0	15	0	0	2
OMISSION LAGER	1	140	0	0	0	0.0	0	0	11	0	0	2
PABST BLUE RIBBON (16 fl oz)	1	190	0	0	0	0.0	0	0	17	0	0	1
SAM ADAMS BOSTON LAGER	1	180	0	0	0	0.0	0	0	18	0	0	2
STELLA ARTOIS	1	140	0	0	0	0.0	0	0	11	0	0	0
TWISTED TEA	1	220	0	0	0	0.0	0	0	31	0	31	0
WHITE CLAW	1	100	0	0	0	0.0	0	20	2	0	2	0

BEER (DRAFT)	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
CRAFT BEER 3.5-3.9% ABV (Pint)	1	150	0	0	0	0.0	0	0	19	0	0	0
CRAFT BEER 3.5-3.9% ABV (Mack Daddy)	1	200	0	0	0	0.0	0	0	25	0	0	0
CRAFT BEER 3.5-3.9% ABV (OMG)	1	300	0	0	0	0.0	0	0	38	0	0	0
CRAFT BEER 4.0-4.9% ABV (Pint)	1	190	0	0	0	0.0	0	0	24	0	0	0
CRAFT BEER 4.0-4.9% ABV (Mack Daddy)	1	280	0	0	0	0.0	0	0	35	0	0	0
CRAFT BEER 4.0-4.9% ABV (OMG)	1	400	0	0	0	0.0	0	0	50	0	0	0
CRAFT BEER 5.0-5.9% ABV (Pint)	1	230	0	0	0	0.0	0	0	29	0	0	0
CRAFT BEER 5.0-5.9% ABV (Mack Daddy)	1	330	0	0	0	0.0	0	0	41	0	0	0
CRAFT BEER 5.0-5.9% ABV (OMG)	1	490	0	0	0	0.0	0	0	61	0	0	0
CRAFT BEER 6.0-6.9% ABV (Pint)	1	270	0	0	0	0.0	0	0	34	0	0	0
CRAFT BEER 6.0-6.9% ABV (Mack Daddy)	1	390	0	0	0	0.0	0	0	49	0	0	0
CRAFT BEER 6.0-6.9% ABV (OMG)	1	560	0	0	0	0.0	0	0	70	0	0	0
CRAFT BEER 7.0-7.9% ABV (Pint)	1	310	0	0	0	0.0	0	0	39	0	0	0
CRAFT BEER 7.0-7.9% ABV (Mack Daddy)	1	430	0	0	0	0.0	0	0	54	0	0	0
CRAFT BEER 7.0-7.9% ABV (OMG)	1	640	0	0	0	0.0	0	0	80	0	0	0
CRAFT BEER 8.0-8.9% ABV (Pint)	1	350	0	0	0	0.0	0	0	44	0	0	0
CRAFT BEER 8.0-8.9% ABV (Mack Daddy)	1	510	0	0	0	0.0	0	0	64	0	0	0
CRAFT BEER 8.0-8.9% ABV (OMG)	1	750	0	0	0	0.0	0	0	94	0	0	0
CRAFT BEER 9.0-9.9% ABV (8 oz)	1	200	0	0	0	0.0	0	0	25	0	0	0
DRIFTBOAT AMBER ALE (Pint)	1	230	0	0	0	0.0	0	0	29	0	0	0
DRIFTBOAT AMBER ALE (Mack Daddy)	1	330	0	0	0	0.0	0	0	41	0	0	0
DRIFTBOAT AMBER ALE (OMG)	1	490	0	0	0	0.0	0	0	61	0	0	0
BUD LIGHT (Pint)	1	150	0	0	0	0.0	0	10	9	0	0	0
BUD LIGHT (Mack Daddy)	1	210	0	0	0	0.0	0	10	20	0	0	0
BUD LIGHT (OMG)	1	310	0	0	0	0.0	0	30	19	0	0	0

COORS LIGHT (Pint)	1	140	0	0	0	0.0	0	20	8	0	0	1
COORS LIGHT (Mack Daddy)	1	200	0	0	0	0.0	0	30	11	0	1	2
COORS LIGHT (OMG)	1	290	0	0	0	0.0	0	40	16	0	1	2
MILLER LITE (Pint)	1	130	0	0	0	0.0	0	0	4	0	0	0
MILLER LITE (Mack Daddy)	1	180	0	0	0	0.0	0	0	6	0	0	0
MILLER LITE (OMG)	1	270	0	0	0	0.0	0	0	9	0	0	0

WINE	Serving	Calories (kcal)	Calories from Fat	Total Fat (grams)	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (milligrams)	Sodium (milligrams)	Carbohydrate (grams)	Dietary Fiber (grams)	Sugars (grams)	Protein (grams)
CABERNET SAUVIGNON, EOS ESTATE (Gls)	1	150	0	0	0	0.0	0	na	na	na	na	na
CABERNET SAUVIGNON, EOS ESTATE (Btl)	1	630	0	0	0	0.0	0	na	na	na	na	na
CABERNET SAUVIGNON, RICKSHAW (Gls)	1	150	0	0	0	0.0	0	na	na	na	na	na
CABERNET SAUVIGNON, RICKSHAW (Btl)	1	630	0	0	0	0.0	0	na	na	na	na	na
CABERNET SAUVIGNON, ROTH (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
CABERNET SAUVIGNON, ROTH (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, CHALK HILL (Gls)	1	140	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, CHALK HILL (Btl)	1	580	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, EOS ESTATE (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, EOS ESTATE (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, SEBASTIANI (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
CHARDONNAY, SEBASTIANI (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
MERLOT, FIRESTONE ESTATE (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
MERLOT, FIRESTONE ESTATE (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
MERLOT, GUENOC (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
MERLOT, GUENOC (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
MOSCATO, EOS ESTATE (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
MOSCATO, EOS ESTATE (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
PINOT GRIGIO, EOS ESTATE (Gls)	1	120	0	0	0	0.0	0	na	na	na	na	na
PINOT GRIGIO, EOS ESTATE (Btl)	1	530	0	0	0	0.0	0	na	na	na	na	na
PINOT NOIR, RICKSHAW (Gls)	1	150	0	0	0	0.0	0	na	na	na	na	na
PINOT NOIR, RICKSHAW (Btl)	1	630	0	0	0	0.0	0	na	na	na	na	na
PETITE SIRAH, GUENOC (Gls)	1	130	0	0	0	0.0	0	na	na	na	na	na
PETITE SIRAH, GUENOC (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
PROSECCO, AVISSI (187ml Btl)	1	150	0	0	0	0.0	0	na	na	na	na	na
RED BLEND, THREE RIVERS (Gls)	1	140	0	0	0	0.0	0	na	na	na	na	na
RED BLEND, THREE RIVERS (Btl)	1	540	0	0	0	0.0	0	na	na	na	na	na
RIESLING, FIRESTONE ESTATE (Gls)	1	140	0	0	0	0.0	0	na	na	na	na	na
RIESLING, FIRESTONE ESTATE (Btl)	1	610	0	0	0	0.0	0	na	na	na	na	na
ROSÉ, BANSHEE (Gls)	1	150	0	0	0	0.0	0	na	na	na	na	na
ROSÉ, BASHEE (Btl)	1	630	0	0	0	0.0	0	na	na	na	na	na
SAUVIGNON BLANC, DASHWOOD (Gls)	1	120	0	0	0	0.0	0	na	na	na	na	na
SAUVIGNON BLANC, DASHWOOD (Btl)	1	530	0	0	0	0.0	0	na	na	na	na	na
ZINFANDEL, SEBASTIANI (Gls)	1	160	0	0	0	0.0	0	na	na	na	na	na
ZINFANDEL, SEBASTIANI (Btl)	1	670	0	0	0	0.0	0	na	na	na	na	na